



Republic of the Philippines  
**Department of Education**  
Region VI- Western Visayas  
**SCHOOLS DIVISION OF SAGAY CITY**

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DIVISION MEMORANDUM  
No. 044 s. 2020


24 FEB 2020

**Annual Physical Examination of DepEd Employees 2020**

To: Chiefs of CID & SGOD  
Public Schools District Supervisors  
School Head of Public Elementary & Secondary Schools  
All teaching and Non-teaching Personnel

1. Pursuant to DepEd Memorandum No. 22, s. 2015 entitled Annual Physical Examination of DepEd Employees (Teaching and Non-Teaching Personnel), as a manifestation of concern by this office on the health status of its employees, **all teaching and non-teaching personnel are required to undergo Annual Physical Examination (APE)** in compliance with the Civil Service Commission Memorandum Circular No. 17, s. 1989.
2. **Each personnel shall submit a CS Form 86- Health Examination Record** signed and cleared "FIT TO WORK" by a Licensed Physician, with the following attachments: Complete Blood Count, Urinalysis and Chest X-ray Result only if recommended by the Physician prior to signing, **on or before July 31, 2020 to the School Health Unit (SHU) Office.** Those who already have undergone an APE for the year 2020 and submitted their CS Form 86, you are no longer required to comply.
3. CS form 86 are available in the SHU office upon request per school, School Heads must submit a list of their respective teaching and non-teaching personnel to the SHU Office and claim the requested forms after 3 working days.
4. For your convenience, attached are proposals from laboratory clinics for your reference. DepEd does not promote or endorse these companies, however should your school wish to avail their services, School Heads are advised to contact DepEd Nurse Lisette Grace B. Umadhay at 0999-881-5083 to facilitate coordination and booking.
5. It is understood that in the conduct of this activity there shall be no discrimination in the provision of such partnership on account of age, school, gender, civil status, disability, religion or other similar factors, personal circumstances that run counter to the principles of equal opportunity.
6. Immediate dissemination and compliance of this memorandum is desired.

**ARLENE G. BERMEJO, CESO VI**

Asst. Schools Division Superintendent   
Officer-in-Charge

Office of the Schools Division Superintendent

Reference: DM No. 22, s. 2015 & CSC MC No. 17, s. 1989

To be indicated in the Perpetual Index

under the following subjects:

Examinations, Teachers

lgbu/tsekap 2020 memo

February 21, 2020



Address: Quezon St., Poblacion 1, Sagay City, Negros Occidental

Tel. No.: (034) 488-0215-16

February 19, 2020

**Arlene G. Bermejo, CESO VI**  
Asst. Schools Division Superintendent  
OIC – Office of the Schools Div. Supt.,  
Division of Sagay City

Dear Ma'am Bermejo,

Greetings!

We from QMA Diagnostic Center Bacolod City, would like to extend our desire of being your partner in taking care of your employees. We are ISO 9001:2015 Certified and confident that we have the highest quality of laboratory and medical examination and results. We are also DOH approved and all our licenses are up to date not to mention, Zero repatriation case since 2015, local and international agencies.

It is with great pride that you have considered our company a chance to provide your employees with our diagnostic services that uphold the highest quality at reasonable cost. Rates below are very affordable when it comes to Quality and Services.

Please see best price for your APE Request  
**FOR 50 (fifty) Participants**

Required Medical Examination	Mobile Price	Exclusive Price
<b>OPTION 1</b>	<b>Php 750.00</b>	<b>Php 550.00</b>
Complete Blood Count w/ Platelet		
Routine Urinalysis		
Chest X-ray (PA)		
Physical Examination		

**FOR 100 ( one hundred) and above**

Required Medical Examination	Mobile Price	Exclusive Price
<b>OPTION 1</b>	<b>Php 750.00</b>	<b>Php 500.00</b>
Complete Blood Count w/ Platelet		
Routine Urinalysis		
Chest X-ray (PA)		
Physical Examination		

Hope you will find our proposal to be of great interest and please do not hesitate to call us if you need further clarifications.

Thank you and we are looking forward to do business with you.

Sincerely,



**Mitchelle Fritzie Trabasas**  
Marketing Manager  
09239211964/09458298760

ISO 9001:2015 Certificate Registration No:  
TUV Nord 44 100 18 93 0050 Valid until 2021-12-02

**“QUALITY MADE AFFORDABLE”**



# RIVERSIDE MEDICAL CENTER, INC.

Owner and operator of the Dr. Pablo O. Torre Memorial Hospital  
A proud member of the Metro Pacific Hospital Holdings, Inc.

February 19, 2020

**Ms. ARLENE G. BERMEJO, CESO VI**

Assistant Schools Division Superintendent

OIC-Office of the Schools

Division Superintendent

Division of Sagay

Dear Ms. Bermejo:

Greetings!

Riverside Medical Center, Inc. has been in the medical industry in Negros for more than 60 years. We have proven how much we care for the well-being of our clients. We believe that it is very important to have a routine checkup at least once a year, which is a benefit given by your company to your employees. We would like to offer you the following approved package rates. This offer comes with a **FREE Health and Wellness Program**.

#### **Health and Wellness Program**

- Free Scoliosis Screening to all your employees
- Free Pain Management Talk
- Free Lay Forum on talks with your employees on topics related to the results of the Annual Physical Examination
- On Site Booth Exhibits
- Free RBS Screening to selected clients (50 persons)
- Booth Exhibits with Tap to Win or Free Blood Pressure check up in one of your major events
- If this service will continue with RMCI the following year, we can a comparative results of your employees (ex. Chest x-ray)

#### **Annual Physical Examination Packages**

Deped APE package A:

P 880.00/head

Complete Blood Count

Routine Urinalysis

Chest X-ray

Physical Examination

B.S. Aquino Drive, Bacolod City, Neg. Occ. 6100, Philippines • [www.rivermedcenter.net](http://www.rivermedcenter.net)  
(034) 705-0000 / (034) 433-7331



# RIVERSIDE MEDICAL CENTER, INC.

Owner and operator of the Dr. Pablo O. Torre Memorial Hospital  
A proud member of the Metro Pacific Hospital Holdings, Inc.

Deped APE package B:

P 1,000.00/head

*Package includes:*

Complete Blood Count  
Routine Urinalysis  
Routine Stool Exam  
Lipid Profile  
Chest X-ray (PA)

If you have any questions or clarifications, you may call our office at 433-7331 locals 3154 / 5126 or we may visit your office to discuss our offer further. Thank you and hope to serve you soonest.

Sincerely,

(signed)

**Luisa M. Henares**

Sales and Marketing

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